



October Menu 2019

IRENE REITHER ELEMENTARY

DID YOU KNOW??
 Eligibility for free or reduced meals will expire on October 10th if we have not received a **NEW** application for this school year.




Online Deposits
 Meal Time Online
 at District Website

Available Daily

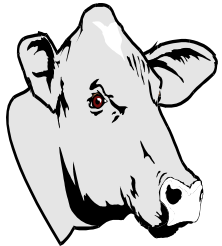
Garden Bar
 Veggies offered may include: carrots, broccoli, cucumbers, celery and a variety of mixed greens.

Fruit offered may include: apples, oranges, bananas, peaches, pears, strawberries, applesauce and pineapple.



WG = Whole Grain

MOO TO YOU, TOO




CHOICE OF MILK SERVED WITH ALL COMPLETE MEALS:

Tuesday, October 1

Breakfast
 WG Breakfast Pizza or Cereal

Savory Chicken Drumstick
 Mashed Potatoes
 Gravy
 Bellewood Apples



Wednesday, October 2

Breakfast
 WG Sausage on a Stick or Cereal

Bean & Cheese Burrito
 Corn & Bean Salsa
 Fruit & Veggie Bar

Thursday, October 3

Breakfast
 WG Breakfast Round or Cereal

WG Corn Dog
 Baked Fries
 Fruit & Veggie Bar

Friday, October 4

Breakfast
 WG Granola Bar

WG Cheese Pizza
 WG Pepperoni Pizza
 Fruit & Veggie Bar

Late Arrival

Monday, October 7

Breakfast
 WG Granola Bar or Cereal

Chicken Nuggets
 Tator Triangle
 Fruit & Veggie Bar

Tuesday, October 8

Breakfast
 WG Breakfast Pizza or Cereal

Sweet & Sour Chicken
 WG Rice
 Pineapple
 Fruit & Veggie Bar

Wednesday, October 9

Breakfast
 WG Breakfast Bagel or Cereal

Nachos
 Beef & Cheese
 Fruit/Veggie Bar

Thursday, October 10

Breakfast
 WG Cinnamon Bun or Cereal

WG PB&J Pocket
 WG Ham & Cheese Chips
 Fruit/Veggie Bar

Friday, October 11

Breakfast
 WG Granola Bar

WG Cheese Pizza
 WG Pepperoni Pizza
 Fruit & Veggie Bar

Late Arrival

OCTOBER 2nd

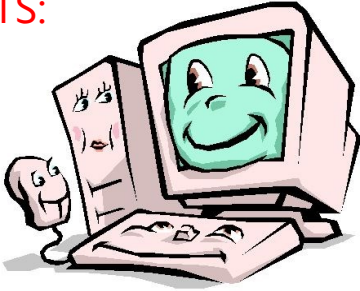
TASTE WASHINGTON DAY

All items on menu are Washington products. Featuring fresh picked Bellewood Apples !!




PARENTS:

For your convenience and peace of mind, you can pay at



www.mymealtime.com

HARVEST OF THE MONTH

Broccoli & Cauliflower



Monday, October 14

No School



Tuesday, October 15

Breakfast
WG Breakfast Pizza or Cereal

Mini Cheese Burgers
Sun Chips
Fruit & Veggie Bar

Wednesday, October 16

Breakfast
WG Breakfast Bagel or Cereal

WG French Toast Sausage
Fruit & Veggie Bar

Thursday, October 17

Breakfast
WG Breakfast Round or Cereal

WORLD SERIES
Homerun Hot Dog
Slider Spuds
Victory Veggies
Fun Fruit
MOJO Milk

Friday, October 18

Breakfast
WG Granola Bar

WG Cheese Pizza
WG Pepperoni Pizza
Fruit & Veggie Bar

Late Arrival

Monday, October 21

Breakfast
WG Granola Bar or Cereal

Chicken Nuggets
Potato Smiles
Fruit & Veggie Bar

Tuesday, October 22

Breakfast
WG Breakfast Pizza or Cereal

Corn Dog
Scooby Doo
Crackers
Fruit & Veggie Bar

Wednesday, October 23

Breakfast
WG Blueberry Waffle or Cereal

Macaroni & Cheese
WG Breadstick
Fruit & Veggie Bar

Thursday, October 24

Breakfast
WG Sausage on a Stick or Cereal

Chicken Burger
Mixed Salad
Fruit & Veggie Bar

Friday, October 25

Breakfast
WG Granola Bar

WG Cheese Pizza
WG Pepperoni Pizza
Fruit & Veggie Bar

Late Arrival

Monday, October 28

Breakfast
WG Granola Bar or Cereal

Max Cheese Sticks
Caesar Salad
Fruit & Veggie Bar

Tuesday, October 29

Breakfast
WG Cinnamon Bun or Cereal

Teriyaki Chicken
WG Rice
Pineapple
Fruit & Veggie Bar

Wednesday, October 30

Breakfast
WG Breakfast Pizza or Cereal

Hoagie Sandwich
Turkey or Cheese
Fruit & Veggie Bar

Thursday, October 31

Breakfast
WG Breakfast Pizza or Cereal

Spider Web Waffle
Cheesy Omelet
Fruit & Veggie Bar

EEEEK!
Orange & Cream Cups



Happy Halloween!



| | PRICES | |
|-------------|-----------|-----------|
| | Breakfast | Lunch |
| Full Paid | \$1.50 | \$2.90 |
| Reduced K-3 | No Charge | No Charge |
| Reduced 3-5 | No Charge | .40 |
| Free K-5 | No Charge | No Charge |

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